



THE 14-DAY CHALLENGE

cutlery drawer

DAY 4 | CALM & CLUTTER-FREE

Open your cutlery drawer. Is it overflowing with random mismatched cutlery? Do you still have plastic spoons and forks - even though your children aren't babies anymore? Do you have utensils you never use? Or disposable cutlery you're keeping just in case? Time for a cutlery drawer declutter!

step 1

Take everything out and lie it on your bench so you can see it all. And give your drawer a good clean now that it is empty.

step 2

Throw away anything disposable or broken. Take out items that are larger and rarely used. Move them to your 'utensil drawer'.

step 3

Separate it into 'types'. Do you have multiple items of the same type - ie. five potato peelers? Give any excess items to charity or to friends.

step 4

Remove any plastic cutlery or single-use cutlery and dispose of it responsibly. If you have way too much plastic children's cutlery ask your children to pick a few favourites and donate the rest. If your children are older, give it all to charity.



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step 5

Work out how many of each item you really need? I'd say a knife, fork, dessert spoon and teaspoon for each member of the family. Plus a few extra knives and forks for regular guests. Don't keep an excessive amount of cutlery 'just in case' you ever host a huge barbecue with 30 people. If that ever eventuates you can borrow cutlery from friends or relatives or buy disposable.

step 6

Wash the cutlery you intend to keep.

step 7

Wait for it all to dry and put it all back in neatly. Keep like items together.